

# IMPACT TRAINING

Impact Training provides you with practical, specific skills that enable you to make positive improvements in yourself. You learn what you really want in relationships, careers, health and personal happiness.

Impact Training is designed for healthy, successful individuals who have an inquiring and open mind; a sense that there is more to life that has yet to be discovered, and a willingness to take a risk with the possibility of enhancing their ability to experience and enjoy life.

*“Learning is not a process of being taught what you don’t know... But discovering and remembering how much you do know.”*

## THE IMPACT TRAINING CORE CURRICULUM

### What We Do...

The objective of the Impact Trainings is to give people the new **sense of freedom** about themselves and their lives such that they accomplish **extraordinary** results, achieve deeper **personal satisfaction** and take responsibility for the difference they make in the world.

While Impact Trainings offers many trainings focused on specific areas of life, the **core curriculum** that we offer consists of the **Quest, Summit** and **Lift-Off** trainings.

### Quest Training

The Quest Training is a powerful training in which you examine your own **unique** belief systems and you define how life appears to you and what you can **accomplish**.

While your experience in the Quest Training will depend on the **questions** that you bring to it, the training focuses primarily on four areas: relationships, accomplishment, accountability, and your contribution to life.

### Summit Training

In the Summit Training, you engage in a **hands-on discovery** of what it takes to redesign your actions to be consistent with what you value and treasure.

The Summit training provides **direct coaching** appropriate to your intentions and goals and actions. Discussions are combined with frequent exercises and interactions, providing a range of environments and styles that **develop your capacity** to relate in and effectively handle any situation.

### Lift-Off Training

The Lift-Off Training, the final training in our core curriculum, provides a profound three-month experience of living the principles of leadership and **practicing daily** the skills you learn in the Quest and Summit trainings.

You learn how to achieve **prosperity** and **abundance** in your life, and how to be a **powerful communicator** with a commitment to excellence. A commitment that creates positive results in all areas of your life.

# IMPACT TRAINING

~ since 1985 ~

## Seven Reasons People Take the Impact Trainings

Every participant comes to the Impact Trainings with their own unique goals, but there are several common themes. Many people use the trainings to:

- 1) **Live** life with freedom and passion.
- 2) **Free** themselves of old pain.
- 3) **Clarify** a new direction in life.
- 4) **Master** leadership skills.
- 5) **Deepen** personal relationships.
- 6) **Continue** personal growth.
- 7) **Be** more successful in the workplace

## Benefits from the Impact Trainings

- **The World** is an exciting place, regardless of your history.
- **Self-Worth** is an automatic state of being.
- **Communication** is meaningful, productive, satisfying, clear and successful.
- **Success** is an immediate realization not a distant promise.
- **Work** is a creative challenge, with an enhanced ability to compete on the leading edge.
- **Relationships** are a high adventure with depth of quality and excitement.
- **Excelling** beyond self imposed limitations.

# IMPACT TRAINING

Impact Training is an educational training company with a vision: We know that people possess the power to create remarkable accomplishments.

Our mission is to empower the human spirit towards free, unconditional loving and harmonious living.

14823 S. Heritage Crest Way #A  
Bluffdale, UT. 84065

Take the I-15 freeway to the Draper/Bluffdale exit. Go west to Heritage Crest Way (700 West) and turn left.

Phone 801-572-9700

Fax 801-572-9747

e-mail [officestaff@impacttrainings.com](mailto:officestaff@impacttrainings.com)

[www.impacttrainings.com](http://www.impacttrainings.com)



*“What lies behind us and what lies before us are tiny matters compared to what lies within us.”*

—EMERSON



IMPACT TRAININGS  
s i n c e 1 9 8 5