

The Impact Quest Training

Learn to live the biggest and best version of your life

Quest Training Synopsis

Wednesday

Relationship skills and accountability

Participants will discover the importance of their **interactions**, and **relationship skills** in their personal lives and their careers. The difference between controlling, manipulating and empowering will be discussed in a very direct and honest way. They will learn how **accountability** is critical to their success in business and in life. Participants will discover the importance of **trusting themselves** and how this effects every area of their lives. This is done in large and small group interactions.

Thursday

Personal strengths and communication

Participants will gain a clear understanding of their **strengths** as well as the strengths of the people around them. They will also see the areas that **deserve improvement**, along with the “**games they play in life**” to stay in control of others. They will engage in effective, clear **decision making** skills and **communication** skills. They will learn how to overcome their fears and really “**show up**” in life.

Friday

Blocks to leadership and taking action

Participants will identify and confront the **blocks** they have established in life, the blocks that keep them from performing at their best. Emphasis is placed on learning to overcome negative thought patterns in life ~ called fixed beliefs. **Focus, trust** and **integrity** will be addressed. Each participant will learn what criteria to apply to achieve effective communication skills and the benefits of **enthusiasm, risking** and **taking action**.

Saturday

Personal power, loyalty & dedication

Participants will develop “**an attitude of gratitude** and the ability to influence people and build **teamwork**. Participants will experience **brainstorming** in a short amount of time and take action. They will take accountability for **decisions** made, clear and concise **communication** and **relationship** building. All participants claim new and powerful ways to “**BE**” in life.

Results of the Quest Training

A direct increase in effective leadership abilities and improved relationships and success in all areas of life.

"I am amazed every single day at the transformation I have experienced. I no longer beat myself up over the choices I made in my life or the experiences I've had because they absolutely served me, taught me, and have made me what I am, and I embrace that. I know my friends love and value me and I am free to accept that love and love them completely in return. That is a miracle!" – Alaina

"After the second night of Quest, I felt a warm soothing source of light turn on for me. I literally felt I had 'come home' to the truths I was discovering about myself and how I was choosing to live. Through the Impact Trainings, I've felt complete joy and fulfillment and have become aware of who I am created to be. My contribution to the world has been clarified and awakened." – Steve

"For the first time in our five years of marriage, I feel that we are on equal footing. I can share my deepest feelings with my wife and she with me. Every day our marriage grows more exciting and fulfilling! I live joyfully every day because I know that happiness is a choice and it is so empowering to know that I cannot be made a victim because the choice resides with me." – Mark

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